

The Bob Shapell School of Social Work
Tel-Aviv University
MA in Crisis and Trauma Studies

Intervention and Trauma Integrative Workshop

Semester I & II, 2014-2015

Semester I & II: Monday 12:15-13:45

Instructor: Dr Carmit Katz

E-mail address: carmitkatz@post.tau.ac.il

Office: Room # 237

Office hours: please email to schedule

Telephone: 03-6406366

Workshop Overview and Objectives

This year long workshop deals with the impact of being exposed to stress, distress and trauma from the therapist's perspective. This includes the monitoring, assessment and intervention, while discussing theoretical, research and practical issues. The workshop will integrate theoretical, empirical and practical knowledge alongside the perspectives of the workshop participants and their experiences.

Workshop requirements

1) Attendance and participation - Attendance is mandatory. Active involvement in group discussions is essential for the participant's emotional and professional development. **(20% of final grade)** (One absence without approval will reduce 5 points from the final grade. Two absences: 10 points. Three absences or more: the student will be dismissed from the course).

2) Reading Reports – 25% of the final grade. In the beginning of the year, students will settle in couples and choose one paper from the list, on which they will have to

write a report which will be distributed to all the group members. All the reports should be submitted by: December 1, 2014.

Each couple will also need to prepare a short **presentation** (no longer than 15 minutes) of the key information from the report in the class- **15% of the final grade**.

Presentations will be carried in December 1 and 15.

Each report should be guided by the following instructions:

- 1) Headlines: Title and authors.
- 2) Summarize the subject of the text.
- 3) What is the most relevant information that you gathered from the literature review.
- 4) What was the study sample and what were the main findings.
- 5) What are the conclusions from the current paper and its theoretical and practical implications?

Length of each report should not exceed 2 pages, double spaced, font size 12. Reports should be handed in print. Grading will be given based on the report clarity and your understanding of the text.

Item	Item details
1)	Boscarino, J. A., Figley, C. R., & Adams, R. E. (2004). Compassion fatigue following the September 11 terrorist attacks: A study of secondary trauma among New York City social workers. <i>International Journal of Emergency Mental Health</i> , 6(2), 57-66.
2)	Cohen, M., Gaglin, R., & Peled-Avram, M. (2006). Multiple terrorist attacks: Compassion fatigue in Israeli social workers. <i>Traumatology</i> , 12(4), 293-301.
3)	Linley, P. A., Joseph, S., & Loumidis, K. (2005). Trauma work, sense of coherence, and positive and negative changes in therapists. <i>Psychotherapy and Psychosomatics</i> , 74, 185-188.
4)	Nelson-Gardell, D., & Harris, D. (2003). Childhood abuse history, secondary traumatic stress, and child welfare

	workers. <i>Child Welfare</i> , 82(1), 5-26.
5)	Rasmussen, B. (2005). An intersubjective perspective on vicarious traumatization and its impact on the clinical process. <i>Journal of Social Work Practice</i> , 19(1), 19-30.
6)	Slattery, S. M., & Goodman, L. A. (2009). Workplace risk and protective factors secondary traumatic stress among domestic violence advocates. <i>Violence against Women</i> , 15, 1358-1379.
7)	Solomon, Z., & Berger, R. (2005). Coping with the aftermath of terror-resilience of ZAKA body handlers. <i>Journal of Aggression, Maltreatment & Trauma</i> , 10(1-2), 593-604.
8)	Way, I., VanDeusen, K. M., Martin, G., Applegate, B., & Jandle, D. (2004). Vicarious trauma: A comparison of clinicians who treat survivors of sexual abuse and sexual offenders. <i>Journal of Interpersonal Violence</i> , 19(1), 49-71.
9)	Steed, L. G., & Downing, R. (1998). A phenomenological study of vicarious traumatization amongst psychologists and professional counselors working in the field of sexual abuse/assault. <i>Australasian Journal of Disaster and Trauma Studies</i> . Retrieved from http://www.massey.ac.nz/%7Etrauma/issues/1998-2/steed.htm
10)	VanDeusen, K. M., & Way, I. (2006). Vicarious trauma: An exploratory study of the impact of providing sexual abuse treatment on clinicians' trust and intimacy. <i>Journal of Child Sexual Abuse</i> , 15(1), 69-85.
11)	Devilly, G. J., Wright, R., & Varker, T. (2009). Vicarious trauma, secondary traumatic stress or simply burnout? Effect of trauma therapy on mental health professionals. <i>Australian and New Zealand Journal of Psychiatry</i> , 43, 373-385.

3) Concluding paper- in this personal task each one of the students should choose one practitioner (from his field work, site visits or from the practitioners visits in the second semester) and analyze his perceived perception of working with trauma according to the literature review that was covered in the first semester. **(40% of final grade).**

First chapter: descriptive- briefly describe the practitioner you referring to and his exposure to trauma

Second chapter: assessment- integrate into the practitioner story theoretical and empirical explanations regarding the specific trauma, emotional, behavioral, and cognitive aspects of his experience with the trauma, including social and economic aspects if relevant.

Third chapter: discussion of the conclusions from this year and from the specific story (please address different aspects)

Papers should not exceed 7 pages (double space, not including references).

All papers should be submitted in the APA format.

Grading will be based on the following criteria: Coherent and thorough writing, variety of aspects and topics mentioned, and integrative presentation of the practitioner perspective and the use of relevant theoretical and empirical literature.

Additional (Non mandatory) reading:

1) Introduction - The Cost of Caring

McCann, L., & Pearlman, L. A. (1990). Vicarious traumatization: A framework for understanding the psychological effects of working with victims. *Journal of Traumatic Stress*, 3, 131-149.

Sabin-Farrell, R., & Turpin, G. (2003). Vicarious traumatization: Implications for the mental health of health workers? *Clinical Psychology Review*, 23(3), 449-480.

2) Secondary Traumatic Stress

Baird, K., & Kracen, A. C. (2006). Vicarious traumatization and secondary traumatic stress: A research synthesis. *Counseling Psychology Quarterly*, 19(2), 181-188.

Saakvitne, K. W. (2002). Shared trauma: The therapist's increased vulnerability, *Psychoanalytic Dialogues*, 12(3), 443-449.

3) Compassion Fatigue

Figley, C. R. (Ed.). (1995). *Compassion fatigue*. London, England: Routledge. (Chapter 1)

Figley, C. R. (Ed.). (2002). *Treating compassion fatigue*. New York, NY: Routledge.

Rothschild, B., & Rand, M. L. (2006). *Help for the helper: The psychophysiology of compassion fatigue and vicarious trauma*. New York, NY: WW Norton & Co. (Chapter 2)

4) Burnout

Maslach, C. (2003). *Burnout: The cost of caring*. Cambridge, MS: Malor Books. (Chapter 8)

5) Assessment of Secondary Traumatic Stress and Compassion Fatigue

Steed, L. G., & Downing, R. (1998). A phenomenological study of vicarious traumatization amongst psychologists and professional counselors working in the field of sexual abuse/assault. *Australasian Journal of Disaster and Trauma Studies*. Retrieved from <http://www.massey.ac.nz/%7Etrauma/issues/1998-2/steed.htm>

6) Coping with and Treatment of Secondary Traumatic Stress and Compassion Fatigue

Courtois, C. A., & Ford, J. D. (2009). *Treating complex traumatic stress disorders: An evidence-based guide*. New York, NY: Guildford. (Chapter 10)

Figley, C. R. (Ed.). (1995). *Compassion fatigue*. London, England: Routledge.

(Chapters 6,7)

Harrison, R. L., & Westwood, M. J. (2009). Preventing vicarious traumatization of mental health therapists: Identifying protective practices. *Psychotherapy Theory, Practice and Training*, 46 (2), 203-219.

Rothschild, B., & Rand, M. L. (2006). *Help for the helper: The psychophysiology of compassion fatigue and vicarious trauma*. New York, NY: WW Norton & Co. (Chapter 4)

7) Prevention of Secondary Traumatic Stress and Compassion Fatigue

Figley, C. R. (Ed.). (1995). *Compassion fatigue*. London: Routledge. (Chapter 9)